



**Workshop:**



Political Empowerment

**From women's political representation to women's political empowerment**



**Crosscutting question**

What are key aspect, issues, learnings related to the sharing of responsibilities and (re-)distribution of unpaid care work?

How is addressing women's high share of unpaid care work an enabler/disabler for transformative change?

1. Engaging men and the senior position of political party to include and support women in the candidate list and senior position in particular country have proportional representation system
2. Working with men at the family level such as husband, father and their impact enable women to participate in different level in society. It also may be a factor to change the conscious and mentality of men and boys toward women.
3. Raising awareness of boys and men can help to transform their attitude and social norms and it may help and support women participation.